

## General Information

- 7:30: Race Day Registration closes
- 7:45: Warm-up
- 8:00: 5K Run and Walk will begin
- 8:00: Vendor Mall Opens
- 9:30: Kids Dash will begin
- 9:45: 5K Award Ceremony
- 9 – 11: Family Festival & events

## Please wear your event bibs!

We use a disposable chip timing tag that runners receive at packet pick up on their race bibs. It is lightweight and remains attached to the race bib. Runners must wear their race bibs on the front of their clothing in order to be timed accurately. Walkers will also have bibs without a timing chip, but we ask walkers to wear bibs as well so we may keep track of who is on the course.



## Packet Pick-Up for Walkers AND Runners

Midtown Athletic Club, 215 63rd St., Willowbrook  
 Friday, June 1, 6:00-8:00pm, and Saturday June 2, 9:00am-12:00pm.

**Event takes place  
Rain or Shine!**

## Race Day Registration

7:00am-7:30am. No registrations will be accepted after 7:30am  
 Cannot guarantee a race shirt for race day registration

## Awards

Awards will start at 9:45am

- Top three overall male and female finishers
- 1st Place Male and 1st Place Female will receive a medal in each age group: 9 and under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & older.

## Parking

Parking is available ONLY until 7:30am at Katherine Legge Memorial Park; after 7:30am parking is available at Elm Elementary school, a few blocks away, and street parking will be available.

## Be Smart. Be Safe.

All participating dogs must be properly vaccinated and currently licensed with proof of Rabies. No retractable leashes or electric collars please, and we ask that you keep dogs on leash at all times. Please refrain from bringing female dogs in heat, or dogs that are aggressive towards people or other dogs. Please clean up after your dog (bags will be provided). If you are planning to run the 5k, please be sure that you and your dog are conditioned and in proper health for this event. No bikes, skateboards, roller blades, etc. are permitted for safety reasons. Baby strollers are permitted.